

Pool# 1	Division: 7-8	Nets: 1C	Courts: 1, 2
Team #: 1	Folsom Team #1 Fireballs (7-8)	Α	Coach: Melissa Saboowala / Doris Manford / Desmond Manford
Team #: 2	Folsom Team #2 Team Awesome (7-8)	Α	Coach: Anders Graham / Ken Wang / Lacey Foss / Megan Graham
Team #: 3	Folsom Team #1 Dolphin (7-8)	В	Coach: Melissa Saboowala / Doris Manford / Desmond Manford
Team #: 4	Folsom Team #2 Team Awesome (7-8)	В	Coach: Anders Graham / Ken Wang / Lacey Foss / Megan Graham

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #1	Ct-1	Ct-2	Game Times
Game #1	1-3	2 – 4	09:10AM - 09:30AM
Game #2	1 - 4	2 – 3	09:35AM – 09:55AM
Game #3	1-2	3–4	10:00AM – 10:20AM
Game #4	1-3	2 – 4	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-1	Ct-2	Game Times
Game #1	1-2	3	09:10AM – 09:30AM
Game #2	1-3	2	09:35AM – 09:55AM
Game #3	2 – 3	1	10:00AM – 10:20AM
Game #4	1-2	3	10:25AM – 10:45AM

+1 Team	Ct-1	Ct-2	OFF	Game Times
Game #1	1 – 2	3 – 4	5	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4	09:35AM – 09:55AM
Game #3	1 - 4	3 – 5	2	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3	10:25AM – 10:45AM



Pool# 2	Division: 9-10 Nets: 2A	Courts: 3, 4, 5
Team #: 1	Folsom Team #3 A Sunset Spikers (9-10)	Coach: Lauren Bayha / Andrea Ilieva / Nikolay Iliev
Team #: 2	Folsom Team #4 B Folsom - Court 4 (9-10)	Coach: Ali Saboowala / Nichole Rines
Team #: 3	Folsom Team #5 A Fire Volleys (9-10)	Coach: Ashfaq Khan / Kathy Guillen
Team #: 4	Natomas Team #1 Undefeated Volleyball Astronauts (9-10)	Coach: Brett Henning
Team #: 5	Folsom Team #6 B Folsom - Court 6 (9-10)	Coach: Bryan van Rijckevorsel / Kandeepan Saravanapavan / Shannon
Team #: 6	Folsom Team #7 A The Flying Pretzel Rats (9-10)	Coach: Saidie Deguzman / Joanna Chung-Wong / Catherine Hill
Team #: 7	Natomas Team #2 Crazy Carrot Claws (9-10)	Coach: Marina O'Connor / Shelby Martin

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #2	Ct-3	Ct-4	Ct-5	OFF	Game Times
Game #1	1-6	2 – 3	4 – 7	5	09:10AM – 09:30AM
Game #2	2 – 6	1-3	5 – 7	4	09:35AM – 09:55AM
Game #3	4 – 6	2-5	1-7	3	10:00AM – 10:20AM
Game #4	5 – 6	1 - 4	3 – 7	2	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-3	Ct-4	Ct-5	Game Times
Game #1	1 – 2	3 – 4	5 – 6	09:10AM – 09:30AM
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM

+1 Team	Ct-3	Ct-4	Ct-5	Ct-5'	Game Times
Game #1	1-2	3 – 4	5-6	7 – 8	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 7	6 – 8	09:35AM – 09:55AM
Game #3	1-4	3 – 5	2-8	6 – 7	10:00AM – 10:20AM
Game #4	1-8	2 – 3	5 – 7	4 – 6	10:25AM – 10:45AM



Pool# 3	Division: 9-10	lets: 2A	Courts: 6, 7, 8
Team #: 1	Folsom Team #3 B Sunset Spikers (9-10)		Coach: Lauren Bayha / Andrea Ilieva / Nikolay Iliev
Team #: 2	Folsom Team #4 A		
	Folsom - Court 4 (9-10)		Coach: Ali Saboowala / Nichole Rines
Team #: 3	Folsom Team #5 B		
	Fire Volleys (9-10)		Coach: Ashfaq Khan / Kathy Guillen
Team #: 4	Folsom Team #6 A Folsom - Court 6 (9-10)		Coach: Bryan van Rijckevorsel / Kandeepan Saravanapavan / Shannon
Team #: 5	Folsom Team #7 B		Coach: Saidie Deguzman / Joanna
	The Flying Pretzel Rats (9-1	0)	Chung-Wong / Catherine Hill
Team #: 6	Natomas Team #3		
	Awesome Leaping Rabbits	(9-10)	Coach: Sarah Hibel

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #3	Ct-6	Ct-7	Ct-8	Game Times
Game #1	1-2	3 – 4	5 – 6	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-6	Ct-7	OFF	Game Times
Game #1	1-3	2 – 4	5	09:10AM – 09:30AM
Game #2	1-5	2 – 3	4	09:35AM – 09:55AM
Game #3	1 - 4	3 – 5	2	10:00AM – 10:20AM
Game #4	2 – 5	3 – 4	1	10:25AM – 10:45AM

+1 team	Ct-6	Ct-7	Ct-8	OFF	Game Times
Game #1	1-6	2 – 3	4 – 7	5	09:10AM - 09:30AM
Game #2	2 – 6	1-3	5 – 7	4	09:35AM – 09:55AM
Game #3	4 – 6	2-5	1-7	3	10:00AM – 10:20AM
Game #4	5 – 6	1-4	3 – 7	2	10:25AM – 10:45AM



Pool# 4	Division: 11-12 Nets: 2C	Courts: 9, 10, 11
Team #: 1	Folsom Team #8 A	
	Majestic Flying Capybara (11-12)	Coach: Denis Lin / Augustin Ochoa
Team #: 2	Folsom Team #9 B	
	Folsom - Court 9 (11-12)	Coach: Jen Dozier / Anika Kanigeri
Team #: 3	Folsom Team #10 A	Coach: Amit Patel / Hemel Gandhi /
	Folsom - Court 10 (11-12)	Aahan Gandhi
Team #: 4	Natomas Team #4	Coach: Christian De La Loza / Aliyah
	Fire Breathing Dragons (11-12)	Osifo
Team #: 5	Folsom Team #11 B	
	Folsom - Court 11 (11-12)	Coach: Kristin Hoggan / Tochi Aniche
Team #: 6	Folsom Team #12 A	Coach: Mitul Mehta / Richard Cantzler /
	The Shooting Stars (11-12)	Jessica McCall
Team #: 7	Natomas Team #6	
	Mighty Mountain Lions (11-12)	Coach: Parm Sandhu / Alexandra King

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #4	Ct-9	Ct-10	Ct-11	OFF	Game Times
Game #1	1-6	2 – 3	4 – 7	5	09:10AM - 09:30AM
Game #2	2 – 6	1-3	5 – 7	4	09:35AM – 09:55AM
Game #3	4 – 6	2-5	1-7	3	10:00AM – 10:20AM
Game #4	5 – 6	1-4	3 – 7	2	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-9	Ct-10	Ct-11	Game Times
Game #1	1 – 2	3 – 4	5 – 6	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM

+1 Team	Ct-9	Ct-10	Ct-11	Ct-11'	Game Times
Game #1	1-2	3 – 4	5 – 6	7-8	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 7	6-8	09:35AM – 09:55AM
Game #3	1-4	3 – 5	2 – 8	6-7	10:00AM – 10:20AM
Game #4	1-8	2 – 3	5 – 7	4 – 6	10:25AM – 10:45AM



Pool# 5	Division: 11-12 Nets: 2C	Courts: 12, 13, 14
Team #: 1	Folsom Team #8 B	
	Majestic Flying Capybara (11-12)	Coach: Denis Lin / Augustin Ochoa
Team #: 2	Folsom Team #9 A	
	Folsom - Court 9 (11-12)	Coach: Jen Dozier / Anika Kanigeri
Team #: 3	Folsom Team #10 B	Coach: Amit Patel / Hemel Gandhi /
	Folsom - Court 10 (11-12)	Aahan Gandhi
Team #: 4	Natomas Team #5	
	Spider Mandy (11-12)	Coach: Dang Tran
Team #: 5	Folsom Team #11 A	
	Folsom - Court 11 (11-12)	Coach: Kristin Hoggan / Tochi Aniche
Team #: 6	Folsom Team #12 B	Coach: Mitul Mehta / Richard Cantzler /
	The Shooting Stars (11-12)	Jessica McCall
Team #: 7	Natomas Team #7	
	Aces (11-12)	Coach: George Marin

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #5	Ct-12	Ct-13	Ct-14	OFF	Game Times
Game #1	1-6	2 – 3	4 – 7	5	09:10AM – 09:30AM
Game #2	2 – 6	1-3	5 – 7	4	09:35AM – 09:55AM
Game #3	4 – 6	2-5	1-7	3	10:00AM – 10:20AM
Game #4	5 – 6	1-4	3 – 7	2	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-12	Ct-13	Ct-14	Game Times
Game #1	1-2	3 – 4	5 – 6	09:10AM – 09:30AM
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM

+1 Team	Ct-12	Ct-13	Ct-14	Ct-14'	Game Times
Game #1	1-2	3 – 4	5 – 6	7 – 8	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 7	6 – 8	09:35AM – 09:55AM
Game #3	1-4	3 – 5	2 – 8	6 – 7	10:00AM – 10:20AM
Game #4	1-8	2 – 3	5 – 7	4 – 6	10:25AM – 10:45AM



Pool# 6	Division: 13-15 Nets: 3A	Courts: 15, 16, 17
Team #: 1	Folsom Team #13A Sun Setters (13-15)	Coach: Eric Haya / Richard Rios Jr / Arav Parikh
Team #: 2	Folsom Team #14 B Folsom - Court 14 (13-15)	Coach: Vikram Raj Kannanbala / Kishore Veturi
Team #: 3	Natomas Team #8 Twinkle Toes (13-15)	Coach: Isabel Ruiz-Covarrubias / Vera Velichko / Sonia Wilson
Team #: 4	Folsom Team #15A Folsom - Court 15 (13-15)	Coach: Henri / Junwyn Lacsao
Team #: 5	Folsom Team #16 B Folsom - Court 16 (13-15)	Coach: Rob Rodocker / Gilbert Jimenez
Team #: 6	Natomas Team #10 Dino Nuggies (13-15)	Coach: Cindy Novanhchanh / Mark Wirth

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #6	Ct-15	Ct-16	Ct – 17	Game Times
Game #1	1 – 2	3 – 4	5 – 6	09:10AM - 09:30AM
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.							
-1 Team	Ct-15	Ct-16	OFF	Game Times			
Game #1	1-3	2 – 4	5	09:10AM – 09:30AM			
Game #2	1-5	2 – 3	4	09:35AM – 09:55AM			
Game #3	1-4	3 – 5	2	10:00AM – 10:20AM			
Game #4	2 – 5	3 – 4	1	10:25AM – 10:45AM			

+1 Team	Ct-15	Ct-16	Ct-17	OFF	Game Times
Game #1	1-6	2 – 3	4 – 7	5	09:10AM – 09:30AM
Game #2	2 – 6	1-3	5 – 7	4	09:35AM – 09:55AM
Game #3	4 – 6	2-5	1-7	3	10:00AM – 10:20AM
Game #4	5 – 6	1 - 4	3 – 7	2	10:25AM – 10:45AM



Pool# 7	Division: 13-15 Nets: 3A	Courts: 18, 19
Team #: 1	Folsom Team #13B Sun Setters (13-15)	Coach: Eric Haya / Richard Rios Jr / Arav Parikh
Team #: 2	Folsom Team #14 A Folsom - Court 14 (13-15)	Coach: Vikram Raj Kannanbala / Kishore Veturi
Team #: 3	Natomas Team #9 Sunsetters (13-15)	Coach: Bret Henning
Team #: 4	Folsom Team #15B Folsom - Court 15 (13-15)	Coach: Henri / Junwyn Lacsao
Team #: 5	Folsom Team #16 A Folsom - Court 16 (13-15)	Coach: Rob Rodocker / Gilbert Jimenez

Primary pool schedule. Use if all teams are present and there are no other pool modifications.

Pool #7	Ct-18	Ct-19	OFF	Game Times
Game #1	1-3	2 – 4	5	09:10AM - 09:30AM
Game #2	1-5	2 – 3	4	09:35AM – 09:55AM
Game #3	1-4	3 – 5	2	10:00AM – 10:20AM
Game #4	2 – 5	3 – 4	1	10:25AM – 10:45AM

Alternate pool schedules to accommodate 1 missing team in this pool.

-1 Team	Ct-18	Ct-19	Game Times
Game #1	1-2	3 – 4	09:10AM - 09:30AM
Game #2	1-3	2 – 4	09:35AM – 09:55AM
Game #3	1-4	2 – 3	10:00AM – 10:20AM
Game #4	1 – 2	3 – 4	10:25AM – 10:45AM

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+1 Team	Ct-18	Ct-19	Ct-19'	Game Times		
Game #1	1-2	3 – 4	5 – 6	09:10AM – 09:30AM		
Game #2	1-3	2 – 5	4 – 6	09:35AM – 09:55AM		
Game #3	1-4	2 – 6	3 – 5	10:00AM – 10:20AM		
Game #4	1-5	2 – 4	3 – 6	10:25AM – 10:45AM		